

February 7, 2011  
God Bless America

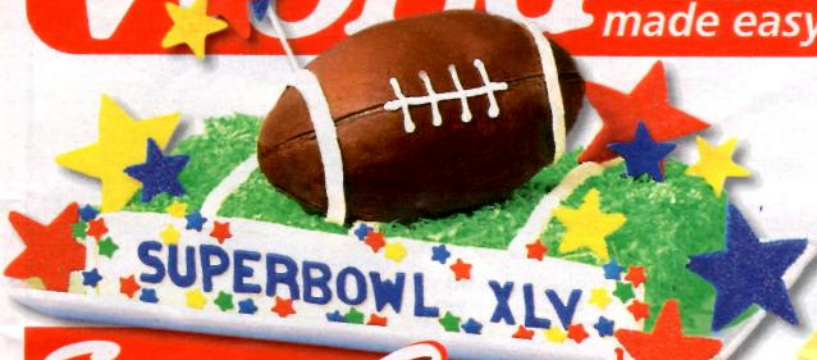
# Woman's World

A great week made easy!

More for your money!  
\$1.79

**FIND YOUR HIDDEN CASH**  
We'll lead you to your missing money

Family pleasing **BEST CHICKEN DINNERS**



**Super Bowl Fun!** ★ Easy football cake!  
★ TOM COLICCHIO'S game-day snacks!

**Eat for STRESS RELIEF!**

Try the good-health "cocktail" that turns off anxiety!

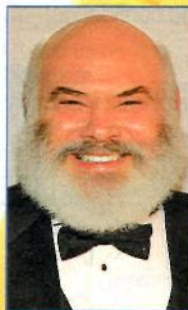
**JAPANESE LONG-LIFE SECRET**

that will lower your cancer risk 42%!

Recipe inside!  
The "magic" cuticle cream that'll

**MAKE YOUR NAILS GROW FASTER!**

Vitamins that **PREVENT BIG-BELLY SYNDROME!**



**DR. WEIL'S All-natural GET-SLIM PRESCRIPTIONS!**

**LOSE 7 lbs and 9" in a week**

- ✓ Feel full faster, stay full longer
- ✓ Heal your body's fat-burning hormone
- ✓ Prevent heart attack, Alzheimer's, depression



Good-luck bonus!  
**YOUR 2011 CHINESE HOROSCOPE!**



# You Deserve The Best . . . Frozen appetizers!



Throwing a Super Bowl party? Why not try one of our crowd-pleasing—and foodie approved!—appetizers to get your Sunday soiree off to a smashing start!

If you want . . .

## A MOUTHWATERING SEAFOOD SNACK:

### Margaritaville Calypso Coconut Shrimp

"These large, plump shrimp have a delicious coconut breading that pops with crunch and sweetness," says frozen-foods reviewer Greg Ng (FreezerBurns.com). Adds chef Lauren Braun Costello (TheCompetentCook.com), "Thanks to the mango chutney dipping sauce in the box,

these party nibbles have the perfect balance of sweet and savory."

◆ \$7.99



## A SOUTH-OF-THE- BORDER TREAT:

### Trader Joe's Mini Beef Tacos

To make event planner Shawn Rabideau's (ShawnRabideau.com) A-list, an appetizer has to be as versatile as it is crowd-pleasing:

"These are one of my personal favorites—the perfect bite-size treat that can go with lots of condiments like sour cream and salsa. They're simple, fun and guests love them."

◆ \$3.99 at Trader Joe's



## HEALTHY CHEESY BITES:

### Amy's Spinach Pizza Snacks

"You can't argue with traditional pizza bites, but you can definitely update them," says Camilla Saulsbury, author of *750 Best Muffin Recipes*.

"These are healthier than traditional versions, but you'd never know it. When you bite into them, you're not thinking 'spinach' or 'healthy'—you're just thinking, 'Mmm . . . pizza.'"

◆ \$3.99



## A CREAMY, SPICY KICK:

### Pillsbury Savorings Bread Bowl Bites Cream Cheese & Jalapeño

If she had to use just one word, how would Beth Hensperger, author of *Not Your Mother's Microwave Cookbook*, describe these bread bowls?

"Yummy," she smiles.

"The combination of cream cheese and jalapeño is remarkably good!"

◆ \$3.89



## CATERER-WORTHY QUICHES:

### Nancy's Petite Quiche

Hensperger says her favorite quiches are as easy to prepare as they are delicious: "I used to make my own quiches in mini cupcake pans until I tasted these, which have the best crust in the world—one bite, and it was just like eating what I made from scratch. I really like their box of 32, which includes both Swiss cheese and bacon and Swiss cheese and spinach flavors."

◆ \$8.99

